



January 14, 2021

Respect ~ Responsibility ~ Pride

Dear Parents and Guardians,

The first 'PAWS News' of the new year is normally a newsletter where I talk about New Year's resolutions and how important it is for students to set positive goals for themselves. Although this is very important, I want to take a moment to focus this newsletter around you; the parents, guardians and caregivers of our MVMS students. I would like to express my sincere appreciation for all that you do to help your student get the most out of their education during impossibly hard times. Having your student in a remote only or hybrid learning environment is not easy to juggle.

Over the last several months, I've had the pleasure of speaking with many students and parents about their struggles and successes. I have been inspired by creative approaches to family schedules, the making of home classroom environments and by neighbors helping neighbors when someone is in need. Most of all, I have been humbled by your support of our teachers, paraprofessionals and of the entire MVMS community. This year, if you are considering making a late New Year's resolution, please consider making one focused on taking care of YOU! Take time to do something that you enjoy each day. There is no playbook for parenting during a pandemic! Be kind to yourself and set realistic expectations. We are all learning and we are all in this together. Thank you for your continued support—take care!

Sincerely,

*Wendy Kohler
Principal*

Important Dates

Jan. 18 (Mon.)	Martin Luther King, Jr. Day – SCHOOL IS IN SESSION
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Arrival and Dismissal

A friendly reminder to please drive slowly around the back-bus loop while picking up/dropping off your child. All students should also exit and enter the car from the passenger side of the vehicle. Thank you for reminding your student to exit the vehicle with their cloth mask covering on.

Fully Remote Students in Grade 7 and Grade 8

Please make sure your student repeatedly checks their email/Google Classroom for the links to our 'live' instruction for social studies, language arts, grade level math and science each week. All students learning in a fully remote learning environment are offered two live instructional blocks beyond their "team" Friday Zoom sessions. Please make sure your student makes every effort to attend!

Attendance Phone Calls

Please remember to call the MVMS absence line (497-8288 and when prompted press 2) if your child will not be attending their scheduled in-person day prior to 8:15.

Students who are accessing their learning in a fully remote learning environment, who will not be attending, should also be called into the absence line as well.

School Picture Pick-Up

As a friendly reminder to all parents of students who are accessing a remote only environment – we still have a fair amount of school pictures that were ordered and are waiting to be picked up in the front office. Please stop by MVMS anytime between 8:30-4:00 to pick them up!

The Goffstown Library

Come Talk to us!

Saturday, January 23, 2:00 p.m. at Stark Hall

The Library Board of Trustees will host a Community Forum on Saturday, January 23, 2020 at 2:00 p.m. at Stark Hall on Church Street. This is an opportunity to see the progressing plans for an addition to the library building and ask questions about future services, planning, and facility. Jason LaCombe from SMP Architecture, will make a presentation and walk attendees through the plans, in addition to answering questions along with members of the Library Board of Trustees. All community members are welcome and masks will be required; seating will be socially distanced. Please call Dianne Hathaway, Library Director, at 497-2102 with questions. For more information, please take a look at [//www.goffstownlibrary.com/building-addition](http://www.goffstownlibrary.com/building-addition) and email the Library Board of Trustees with suggestions and comments: trustees@goffstownlibrary.com.

PBIS Theme of the Month – Gratitude

January's PBIS Theme of the Month is Gratitude. Staff and students are focused on what gratitude looks like here at MVMS and how one should go about living their life with gratitude. Be sure to chat with your student about what he/she is learning about gratitude.

Remote, Friday Zoom Sessions

Please be sure your student is attending their 'live' teaching sessions in each of their core subjects, World Language (grade 7/8) and Unified Arts (grade 7/8) each Friday. It is an expectation that students will attend all scheduled sessions. Please reach out to your student's teacher, in advance, if your child will be unable to attend.

Yearbook

Purchase your 2021 Yearbook TODAY!

Hurry up and purchase your 2021 MVMS yearbook before January 29th, to get the yearbook at the reduced rate of \$24!

The price will go up to the following day to \$26. Click/copy & paste the link below to place your order TODAY!

https://www.jostens.com/apps/store/catalog/1010121/Mountain-View-Middle-School/YEARBOOK_CATALOG/Yearbooks/

8th Grade Baby Photos (PAWS Pride)

Calling all 8th grade parents! We still have room in our 2021 MVMS Yearbook for "8th Grade Baby Ad" photo submissions. You will need to submit a baby picture with your child's first and last name on the back, a message addressed to your 8th grader, and the \$14 check or cash. Please include a self-stamped envelope if you would like the picture returned to you. Fill out the Baby Ad form on the following page to make your photo submission. FINAL DEADLINE is now extended until January 29, 2021.

Eighth Grade Parent(s),

Looking for a creative way to tell your child, "I love you and I'm proud of you"?



Place a recognition ad in the yearbook.

A recognition ad is always a great idea. In the future, seeing your message will bring a smile as students remember your love and support during these important years. It's easy to create a recognition ad. Just send us your favorite baby photo and compose your message. **You must have your son/daughter's name on the back of the picture. Please supply a self-addressed stamped envelope if you would like the photo returned in June 2021.**

We will try to keep the ad a secret until the yearbook is distributed. If your son or daughter is on the yearbook staff this may not be possible.

Reserve a space for your recognition ad today. Like the yearbook, your message will be a permanent memory.

Thank you!

Sincerely,
The Yearbook Staff

RECOGNITION AD ORDER FORM--- MUST BE FILLED OUT COMPLETELY!

Student name _____ Team _____

Parent name _____ Phone _____

Cost \$14.00 (Checks made out to MVMS – Yearbook)

Message: Limit 35 words or less!

Signature _____ Check # _____

MUST BE RETURNED TO MS. SINCLAIR, ROOM 212 BY JANUARY 29, 2021.

Agoge Wrestling Club

Have an athlete who is interested in wrestling? Please see the attached flyer for more information if your student(s) is interested in joining the Agoge Wrestling Club.

Health Corner

Dear Parents and Guardians:

The COVID-19 pandemic continues to impact every aspect of our lives and the MVMS nurses would like to provide you with some additional information to keep your family and our school community safe and healthy as now that we have returned from vacation. In order to ensure our schools stay open, and our students stay well, we continue to ask that all students, parents, and staff remain diligent in adhering to the SAU 19 COVID-19 guidelines (see attached). Below are some reminders for everyone to keep in mind as we embark on vacation week.

- Social distancing, the use of cloth face coverings, monitoring for symptoms, and avoiding those who are sick are still important public health measures that we should all be following both in school or out.
- If any of your family members develop symptoms of COVID-19, even mild, call your PCP and seek COVID-19 testing.
- Travel outside of New England carries an increased risk for contracting COVID-19, all students who travel outside of New England will be required to quarantine for 10 days upon return home and may not attend school.
- If your child has had close contact with someone diagnosed with COVID-19 they must quarantine for 10 days after the last exposure to that person and may not attend school.
- If a household member has been diagnosed with COVID-19 (parent, sibling) your child must remain in quarantine for an additional 10 days after the infected person has completed their 10 days of isolation and they may not attend school.
- Although persons may be released from quarantine after 10 days, COVID-19 has an incubation period of 2-14 days, your child could still become symptomatic and spread the virus for up to 14 days after exposure. It is important to monitor for symptoms of COVID-19 for a full 14 days after exposure and seek testing if symptoms develop.
- If you attend gatherings with persons outside of your immediate household you significantly increase the risk for COVID-19 exposure, these types of gatherings are strongly discouraged by public health officials.
- Prior to sending your child to school each morning please assess your child for COVID-19 symptoms and consider your child's COVID-19 exposure risk, if you are questioning sending your child to school please call the MVMS nurses and we can assist you.
- As always, if your child presents to school with any complaints of illness, they will be sent home and be required to isolate for 10 days or seek COVID-19 testing.

The MVMS nurses truly appreciate all of your continued cooperation as we navigate this pandemic. We are here as a resource for you and your family and encourage you to reach out with any questions or concerns.

Sara Matatall RN
Sara.matatall@sau19.org
660-5623

Susan Potvin RN
susan.potvin@sau19.org
660-5615

Food Service Information

~ This year **all** school meals are FREE to ALL students! ~

We ask that parents/guardians pre-order meals, following the instructions below, to help us with the delivery to the classrooms.

Ordering Meals

You need to either download the NutriSlice App from your app store or go through the food service webpage for the menus.

1. Select MVMS.
2. Select the appropriate menu.
3. Pick your child's meal on the day he/she will be attending school.
4. Choose from the optional items then click Add to Order.
5. You may pick another day your child is attending school or you may check out for that student.
6. Click on the lunch bag on the top left of the screen.
7. View your cart and confirm it is correct, then click Checkout or Create an Account. You will need to create a Parent account and then add students with their lunch number in order to Checkout.
8. Choose who the order is for.
9. Select Pickup: Choose grade level; enter your child's homeroom in the box on the right above the submit button.
10. Click submit.
11. If you have additional children to order for you will need to click on Start Another Order.

A student ID number is necessary, for bookkeeping purposes. You will **not** be charged.

If you need further help either contact the MVMS kitchen or food service by emailing Megan Bizzarro, megan.bizzarro@sau19.org.

Guidance Department Corner

Middle Years

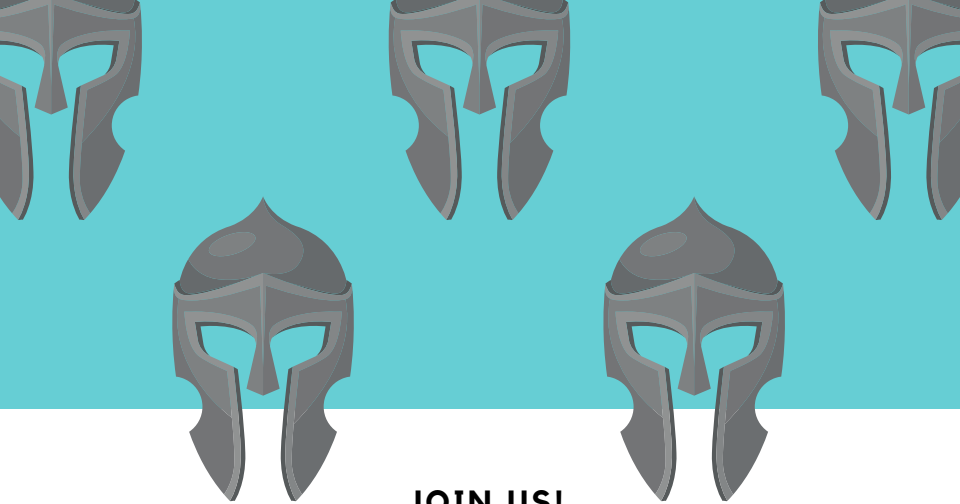
Please click/copy paste the link below to view this month's edition of Middle Years. If you're unfamiliar with the Middle Years publication, the purpose is to provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

http://www.rfecustomer.com/ViewPDF.cfm?RequestType=WebSite&CustNum=477194&PdfFilename=MY0121E.pdf&HtmlPdfPath=http://rfecustomer.com/Pubs/202101/477194_MY0121_E.pdf

Guidance Counselors

If you need to consult with a counselor for advice/information for your student, please contact one of the following:

<u>Name</u>	<u>Grade</u>	<u>Phone Number</u>
Ryanne Roy	5 & 6	(603) 660-5616
Melanie Cali	7	(603) 660-5607
Erin Sakolosky	8	(603) 660-5606



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STAFF, AND MORE AT:

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